

Bruschetta of soft mozzarella, prosciutto de parma and tomato ~ \$24

Crumbed whiting with crème fraîche, potato, dill and red onion ~ \$26 GF available

Herb and parmesan crumbed chicken with Caesar slaw ~ \$28

Crab pasta, squid ink tagliatelle, tomato and chilli ~ \$27

House steak sandwich with lettuce, tomato, beetroot, onion jam and cheddar cheese ~ \$24 Served with chips

> Freshly shucked Australian oysters ~ \$5ea Natural with pickled shallot // Bacon with chilli relish

Wild Australian olives with lemon, thyme and red chilli ~ 15 VG/GF/DF

Braised chorizo with peppers, sugo, paprika and flatbread ~ \$25

Zucchini flowers with heritage tomato, basil and soft cheese ~ \$32

Karaage soft shell crab with Vietnamese dressing, cucumber and mint ~ \$26

Seared Tuna or Lamb souvlaki with tabbouleh, pita and chips ~ \$28

Beef and tomato ravioli with mushroom, parmesan and salsa verde ~ \$26

Pork and sage agnolotti with burnt butter, lemon and capers ~ \$28

Sticky fried chicken with fish sauce caramel, red nam jim and Thai herbs ~ \$28

The Dispensary cheeseburger with pickles, bacon and American cheddar ~ \$23 Served with chips

Pumpkin risotto with taleggio cheese, sage and walnut ~ \$25 VG/GF available

SIDES

Hand cut fries with aioli ~ \$10 Caesar slaw with shaved cabbage, anchovy, parmesan and croûtes ~ \$10 The Dispensary salad with mung beans, alfalfa, green leaf and green goddess dressing ~ \$8 GF Sauteed market greens, chilli and manchego ~ \$12 VG available BBQ Sauce, Tomato sauce ~ \$2 Housemade aioli ~ \$3

Please advise staff of any dietary requirements or allergies Gluten free bread substitutions available on selected dishes *surcharge applies*



LUNCH MONDAY - SUNDAY 11AM - 2PM

COFFEE

Flat White Cappuccino Latte Long Black Espresso Hot Chocolate Milk/Dark/White	4.5 4.5 4.5 4.5 3.3 4.5	Macchiato Ristretto Piccolo Chai Latte Mocha	 3.3 3.3 3.8 4.5 4.5
EXTRAS			
Extra Shot			.8
Flavoured Syrup Vanilla ~ Hazelnut ~ Caramel			.8
Specialty Milk Lactose Free ~ Soy ~ Almond ~ Coconut ~ Oat			

COLD DRINKS

Mug Upgrade

Frappé Coffee ~ Chai ~ Chocolate ~ Mocha	8
Iced Coffee Coffee, ice-cream, milk and ice	Reg ~ 6 Lrg ~7
Iced Chocolate Chocolate, ice-cream, milk and ice	Reg ~ 6 Lrg ~7
Iced Latte	7
Iced Mocha	7
Iced Chai	6
Iced Long Black	5.7
Milkshake Chocolate ~ Strawberry ~ Vanilla ~ Caramel	Reg ~ 6 Lrg ~ 7
Thickshake Chocolate ~ Strawberry ~ Vanilla ~ Caramel	8
Protein Shake with Almond Milk Chocolate ~ Vanilla	8
Iced Tea	6

SMOOTHIES

Snickers Banana, chocolate protein, almond milk, peanut butter and rice malt	13
Green Cleansing Banana, vanilla protein, baby spinach, kale, avocado, rice malt and almond milk	13
Mango Mango, vanilla protein and milk	13
Strawberry & Lime Strawberry, mango, fresh mint, lime juice and coconut water	11
Add Protein Scoop Chocolate ~ Vanilla	3

TEA

1.5

Tea Pot4.5English Breakfast ~ Earl Grey ~ Peppermint ~Green

KIDS

Fish pieces with chips and tomato sauce ~ \$13

Chicken pieces with chips and tomato sauce ~ \$13

Tomato pasta with basil and parmesan ~ \$13

Kids fries with tomato sauce ~ \$7

Cheeseburger and chips ~ \$15



Magic Mango ~ Tropical Kiss ~ Lemon Zest ~ Cheeky Peach